Numerical tests of the Eigenstate Thermalization Hypothesis

$$O_{mn} = O(\bar{E}) \,\delta_{mn} + e^{-S(\bar{E})/2} f_O(\bar{E}, \omega) \,R_{mn}$$
$$\bar{E} \equiv (E_m + E_n)/2, \,\omega \equiv E_n - E_m \qquad \begin{array}{l} S(E) & \text{-Thermodynamic} \\ & \text{entropy} \end{array}$$

 $O(\bar{E})$ smooth function =Microcanonical average

 $f_O\left(ar{E},\omega
ight)$ smooth function, determines dynamics of observables

Eigenstate thermalization: a model

ETH holds already in relatively small quantum many-body systems 2d bosons, spin chains, 1d fermionic and bosonic systems

1d interacting bosons

$$\begin{split} \hat{H} &= \sum_{j=1}^{L} \left[-J \left(\hat{b}_{j}^{\dagger} \hat{b}_{j+1} + \text{H.c.} \right) + V \left(\hat{n}_{j} - \frac{1}{2} \right) \left(\hat{n}_{j+1} - \frac{1}{2} \right) \\ &- J' \left(\hat{b}_{j}^{\dagger} \hat{b}_{j+2} + \text{H.c.} \right) + V' \left(\hat{n}_{j} - \frac{1}{2} \right) \left(\hat{n}_{j+2} - \frac{1}{2} \right) \right] \end{split}$$

J' = V' = 0 Integrable (by Bethe ansatz)

 $J' \neq 0$ or $V' \neq 0$ Non-integrable, thermal

Diagonal matrix elements



Diagonal observables vary smoothly; fluctuations decrease for larger systems

D'Alessio, Kafri, Polkovnikov, Rigol, AdvPhys'16

Diagonal matrix elements II



Kim, Ikeda, Huse PRE'2015

Off-diagonal matrix elements

Zoom in onto a small energy window 100 eigenstates

Integrable

Non-integrable



Off-diagonal matrix elements: energy dependence



Khatami et al'13

Energy level statistics: Wigner-Dyson distribution

Model: 1d fermions
$$\hat{H} = \sum_{j=1}^{L} \left[-J\left(\hat{f}_{j}^{\dagger}\hat{f}_{j+1} + \text{H.c.}\right) + V\left(\hat{n}_{j} - \frac{1}{2}\right)\left(\hat{n}_{j+1} - \frac{1}{2}\right) -J'\left(\hat{f}_{j}^{\dagger}\hat{f}_{j+2} + \text{H.c.}\right) + V'\left(\hat{n}_{j} - \frac{1}{2}\right)\left(\hat{n}_{j+2} - \frac{1}{2}\right) \right]$$

J' = V' = 0 Integrable \rightarrow Poisson level statistics $P(\omega) = \exp[-\omega]$



Broken integrability \rightarrow Wigner-Dyson distribution

From Santos, Rigol'10